

EGHC Glucose Daily Monitoring Log

	Breakfast	Lunch	Dinner	Bedtime	Other	Notes
	Blood Sugar	Blood Sugar	Blood Sugar	Blood Sugar	Blood Sugar	
Mon						
Tues						
Wed						
Thurs						
Fri						
Sat						
Sun						
	Breakfast	Lunch	Dinner	Bedtime	Other	Notes
	Blood Sugar	Blood Sugar	Blood Sugar	Blood Sugar	Blood Sugar	
Mon						
Tues						
Wed						
Thurs						
Fri						
Sat						
Sun						
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	Blood Sugar	Blood Sugar	Blood Sugar	Blood Sugar	Blood Sugar	
Mon						
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